

Woodlake Neighborhood Watch Newsletter

The publication of this newsletter is unofficial and does not express any opinion, directive, or policy of the Woodlake Property Owners Association members or Board of Directors.

The primary purpose of the newsletter is to convey information designed to assist us to reduce or prevent crime in our community.

The information presented is available through various public access sources, personal interview, or observation. Your comments as to how we can improve this effort are welcome.

1. a. Bell County Sheriff Tip Line: Wanted as of May 31st, 2015 - [http://71.6.170.26/revize/bellcounty/departments/cscd\(adult_probation/most_wanted.php](http://71.6.170.26/revize/bellcounty/departments/cscd(adult_probation/most_wanted.php) , and/or; <http://bellcounty.crimestoppers.com;>



Canisius Degngin Maw is a 33 y/o, 5'8", 210 lb., A/M with Brown Eyes and Black Hair.

Maw, this issue's featured outlaw, is from the Killeen area and is Wanted For: Aggravated Assault w/Deadly Weapon.

b. From Austin - The Texas Department of Public Safety (DPS) Is Offering Up To \$7,500 For Information Leading To The Arrest of: Jose Manuel Avalos, Wanted For: Wanted For: Parole Violation (Original Offense: Burglary of a Habitation).



Race: W, Sex: M, DOB: 07/28/62, Ht: 5'3", Wt: 145 Lbs. AKA: Jose Manuel Avalos Jr., Joe Manuel Avalos, Joe Avala, SMT: Tattoos on right forearm, right ankle, left hand, left shoulder, left arm, right wrist, and left knee.

Scars on face. Gang(s): Texas Mexican Mafia. CCH: Burglary of Habitation, Robbery, Aggravated Assault, Burglary of Building, Evading Detention, Theft, Poss.

Controlled Substance, Misprision of a Felony, Parole Violation, Probation Violation

LKA: 107 West 26th Street, San Angelo, TX.

Caution: Subject should be considered Armed and Dangerous!
Details: Avalos is a violent fugitive with a history of arrests for burglary, robbery, and assault and direct ties to the Texas Mexican Mafia and to the San Angelo, Texas area. He has also been arrested numerous times for violating his parole and probation.

In 1992, Avalos was convicted in Tom Green County of Burglary of a Habitation and subsequently received an 18-year sentence in TDCJ prison. He was last released from TDCJ custody in December 2008.

On September 5, 2014, the Texas Board of Pardons and Paroles issued a warrant for Avalos' arrest for Parole Violation (Original Offense: Burglary of a Habitation).

Avalos has prior work experience in industrial painting.



The \$5,000 reward for Information leading to the arrest of: **Rodney Dewayne Wynn, has been cancelled.**

Wynn is a 35 y/o black male that is 6'3" tall and 280 lbs.

Wynn, Wanted For: Aggravated Kidnapping, Aggravated Assault

Family Violence, Assault Family Violence Enhanced, Kidnapping, was Taken Into Custody By The Dallas County Sheriff's Office On The Morning Of June 12, 2015. Wynn Is Currently Booked In The Dallas County Jail.

For more information or updates in the event of his capture, please view his wanted bulletin: <http://www.txdps.state.tx.us/Texas10MostWanted/SexOffenderDetails.aspx?id=280>.

2. Crime Update: Countywide Incidence of Burglary of a Vehicle Rates On The Down-Swing.

During the previous 12 months there were nearly 2500 reported Vehicle Burglaries reported within Bell County. The past 6 months (November 1, '14 - May 31, '15) the rate has dropped nearly 23%, however, despite the evidence, residence is cautioned not to relax taking appropriate preventative measures.

As recently as June 6st, a local homeowner's vehicle was broken into early on Saturday shortly after 4 a.m. The thief made-off with a tool bag but during his escape, his image was captured on a night sensitive "Game Cam". Neighbors were asked to be on the look out for the suspect fitting his description but as of today, the individual has not been identified.

Last week there were 2 reports of Burglary of Vehicle in the Hurley Ranch subdivision (vicinity of the UMHB campus) and 1 reported on Dunn's Canyon Road (Burns Addition).

3. Your Plans Involve Traveling To Foreign Countries Or Just Across The State Line Do You Know What To Do If You Are A Victim Of Theft, Robbery Or Being Mugged?

To be "mugged" (verb used with object), is to be a victim of assault or menace, especially with the intention of robbery.

So, you think you've taken all the precautions but, what happens if you're caught off guard, mugged or had your possessions disappear?

Don't be paranoid, stay prepared and take the offensive using your "big city smarts".

Try to blend-in; don't look like a tourist. This may be difficult especially if you're in a place where you are obviously not a native. The most important thing you can do is not to look tentative. Most people have been lost in cities they don't know. But, if you're out of your element, be sure you have your destination mapped out and keep on walking. If you're lost at night, don't stand on a corner. Rather, go into a hotel lobby or a well-lit restaurant.

If you're in a car, keep driving. Don't stop on the side of the road until there's a lighted area

that's under surveillance such a hotel drive way or a gas station that's open.

Muggers prowl the streets of many cities and towns looking to prey on the unaware or unprepared. Avoid being an easy target by following some simple guidelines and learn how to cope and what to do if you become a mugging victim.

The first 3 tips will help you spot a mugger:

- Watch for loiterers. Muggers often loiter, they rarely hide. Be on the look out for groups of kids that may crowd around and try to distract you.
- A mugger will often wear dark clothing or a hooded jacket to conceal their identity.
- Asking for the time or spare change is a classic trick used by muggers to distract victims and locate valuables.

If you think you've been targeted:

- Stay calm: it's hard to do but will help you survive the incident and unnerve your attackers. Keep your cash in a safe as well as your credit cards.
- Be sure to have photocopies of your essential documents, numbers of credit cards plus the contact phone numbers with you (in a safe place). Leave a copy of the information with someone at home who'd be willing to make those calls.
- Do not bring jewelry or wear bling. Most robbers don't have the time to discern what's real or not.
- Consider taking a self-defense class. But only apply it in the event of life threatening circumstances.
- Also consider carrying 2 wallets; 1 in your back pocket that has some money, papers and (hopefully) enough to satisfy the attackers. The second one should be in your front pocket, which is more difficult to access.
- Carry nothing in a handbag that you can't afford to lose. Purses can be yanked off your body even with the sturdiest of straps, cut from behind and it's not worth the risk. Carry only what you'll need that day and leave the rest in the hotel's safe.

People should stay with their group in well lit and well populated areas. This is a deterrent to muggers who would rather confront people who aren't surrounded by others.

If you're mugged:

- Do what you're told.
- Hand over everything since a dead hero isn't what anyone needs or wants to be.
- Whatever you do, if someone is holding a gun or a knife, don't become aggressive. It could be your undoing.

What can you do to reduce the risk of being a target of a mugger?

- One of the most important things when it comes to lowering your chances of becoming a victim of robbery Be aware of your surroundings Being aware of your surroundings includes

Woodlake Neighborhood Watch Newsletter

having a good idea of where you are even if you have just arrived in a destination that is foreign to you, knowing where the local police station is, where the center of the town/city is, and more.

- Avoid this situation by loading maps on to your smartphone prior to arriving in a new city. Nobody wants to unknowingly wander into a bad part of town where you're likely to be mugged.

The next 4 tips will make you an undesirable target:

- Muggers tend to focus on people who appear lost and distracted. Try to look relaxed but confident. Don't walk at a snail's pace.
- Walk closest to the road to avoid an ambush from an alley or alcove.
- Eye contact: this is a judgment call. With "alpha" muggers, eye contact may evoke a "challenge" response. But with many muggers, eye contact lets them know that you're not going to be taken by surprise.
- If you suspect someone is following you, and
- If you're near your home or car, unless you will have ample time to unlock your door, the best defense is to head to where more people are. Your car is not a safe place to hide unless you can immediately drive away.
- Lastly, if a mugger instructs you to get in a car, most likely they want to drive to the nearest ATM. Most banks will refund this money if you file a police report. If you are mugged at an ATM, most are equipped with cameras. If the mugger is close enough to you, the camera may capture their image. If they keep their distance, and you're in good shape, this may be an ideal time to make a run for it. This might sound crazy, but if you can put a distance of 20' or greater between you and a mugger with a gun, the chances of them missing you is 90%.

If you still have your cell phone after getting mugged, don't hesitate to call the police immediately. Muggers, especially those who work in groups, often hit multiple targets. Police may already be on the lookout for them.

Victims say that it happens in the blink of an

eye, so don't necessarily expect yourself to be able to strategize once the adrenaline starts pumping. Chances are it will all come down to impulse.

As with all traumatic incidents, being mugged can result in more than physical injury and loss of valuable personal items. The longer-lasting impact of a mugging can be Post

Traumatic Stress Disorder (PTSD), an extreme type of anxiety disorder that can make the sufferer's life unmanageable. Mugging is violent crime, and once a person is victimized by violent crime at the hands of a stranger-especially one with a weapon-it's challenging to trust the world again.

Victims of a mugging incident may experience any of the classic symptoms of PTSD:

- Reoccurring, terrifying flashbacks or nightmares
- Avoidance of situations that remind one of the incident
- Irritability or anger
- Emotional numbness
- Trouble concentrating
- Withdrawal from friends and family
- Physical anxiety symptoms
- Problems eating or sleeping

Victims express their distress in varying ways, and it's not always obvious that someone is struggling with the aftereffects of experiencing trauma.

PTSD Symptoms Seem To Be Worse If They Were Triggered Deliberately By Another Person, As In A Mugging Or Rape.

According to the National Institutes of Health, when deliberately triggered by another person, PTSD symptoms seem to be worse. Most PTSD sufferers repeatedly relive the trauma in their thoughts during the day and in nightmares when they sleep. These are called flashbacks.

Flashbacks may consist of images, sounds, smells, or feelings. They are often triggered by ordinary occurrences, such as a door slamming, a car backfiring, or being in a place that looks like where the trauma took place. A person having a flashback is likely to feel the emotions and physical feelings that occurred when the incident happened despite no longer being in danger.

There is a scientific, physical reason why trauma impacts us so strongly, and it can be traced to the amygdala-a very small nugget of our brain lodged deep inside the temporal lobe, it processes memory and emotion. Unlike conscious memories that we are aware of-for instance, a victim returning to the scene of a mugging would recognize the environment and perhaps remember details about what happened-the amygdala is in charge of deeper, unconscious emotion that can develop into PTSD. The amygdala is also responsible for the Fight/Flight/Freeze response.

When we experience an "emotionally arousing event" such as a mugging, the amygdala is activated and it then produces a protein in the neurons of the hippocampus. This protein helps the nervous system to convert immediate memories into permanent ones.

Because of the unique way the brain processes traumatic memories, they can actually become more vivid and intrusive over time, rather than fading away like most memories do naturally.

Any memory associated with a life-threatening event has this capacity to grow and transform into PTSD.

<http://www.nlm.nih.gov/medlineplus/magazine/issue/winter09/articles/win...> (link is external)

<http://www.medicalnewstoday.com/articles/28124.php> (link is external)

4. On The Horizon: Crime Scene Investigator (CSI) - Is It Real, Or Is It Las Vegas In Hollywood? - Hear from the true-life criminologists and what they think about how they and their profession is portrayed by popular TV shows like CSI Las Vegas and NCIS.

Also....., when the lights go out again for 12 to 24 hours, will you be ready?